

Subject of the Problem

Objectives of the Program

Individuals with ASD present with widely diverse problems and challenges that are different from neurotypical college students. Therefore, there is not one approach that will be effective with all ASD students. For a program to be successful, it is important that it engage in an individualized, problem-solving approach focusing on identifying individual areas of strength, while acknowledging and addressing areas of weakness or challenge (Nagler & Shore, 2013).

The Bridges to Adelphi Program's services are based on social learning theory, cognitive behavioral principles, and a person-centered approach as theoretical foundations. Bridges staff uses a problem-solving approach designed to model, and teach these skills to Bridges students. The initial cohort of 3 in 2007 has now grown to 91 students who regularly receive comprehensive Bridges services from current Adelphi undergraduate and graduate students who are Bridges students find to be beneficial and useful.

References

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